

West Park Primary School
 Devon Road
 Wolverhampton
 WV1 4BE
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HEADTEACHER: Azizan Kabil

Helping Children Thrive!

Dear Parents and Carers,

We have an exciting opportunity taking place this term. We will be offering **Play with Me sessions** for each class. This will be a fun session offering activity ideas and games you can play at home with your child.

Evidence shows playing outdoors provides more than just a fun break. It is good for children and adult's physical development and mental health. Children that play outdoors have improved motor development and lower obesity rates.

Research also shows that children that spend time outdoors display more positive behaviours, improved concentration levels and better sleep routines than those that do not engage in outdoor play regularly.

Workshop dates and times:

Year 1	15 th April	9am – 10am
Year 2	15 th April	10am - 11am
Year 3	18 th April	9am – 10am
Year 4	18 th April	10am - 11am
Year 5	19 th April	9am – 10am
Year 6	19 th April	10am - 11am

Please arrive at the main school office 5 minutes before your session. Please wear trainers and bring a water bottle.

We look forward to seeing you at the session.

Yours sincerely,
 Mrs Andrews

