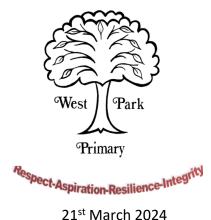
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HEADTEACHER: Azizan Kabil



Dear Parent/Carers

As part of our school's Personal, Social, Health and Economic education (PSHEe) lessons, in summer term children in years 3, 4 and 5 be covering topics within a 'Growing Up and Relationships' unit.

To teach these lessons we use a combination of resources from the City of Wolverhampton council and also resources from a specialist PSHE provider called 1 Decision. The 1 Decision PSHE programme has been quality assured by the PSHE Association and is used by many schools across the UK.



The lessons in years 3, 4 and 5 cover a range of topics such as friendships, healthy relationships and growing up, and emotional and physical changes in an age-appropriate manner, and help to keep them happy, healthy and safe.

The following themes will be delivered to children in Key Stage 2:

Year 3	Self –Esteem & Safety- Influences
	Understanding the difference between appropriate and inappropriate touch?
Year 4	Appropriate Touch
	Changes, What is Puberty? & Lifecycles
	Period talk by the school nurse for girls only
Year 5	Puberty
	Hygiene
	Relationships-family, friends exploring how these may change, as we grow older.

The themes covered within this unit of work are all part of the statutory requirements for Relationships and Health Education which the government says all schools in England need to deliver to children in primary school.

You might want to take the opportunity to take the time to talk to your children about these topics at home before the work is covered in school. Remember you can access our RSE policy on the school website which will provide you with more information about what will be taught.

As with all our PSHE education programme, we really value the learning that these lessons give our pupils. If you have any questions regarding these or other topics taught within PSHE, then please contact the school.

Yours sincerely

















