

# Physical Education at West Park Primary School

Determination

Diligence

Discipline

**Intent:** We aim to...



Develop competence to excel in a broad range of physical activities.



Ensure pupils are physically active for sustained periods of time.



Engage in competitive sports and develop leadership skills.



Lead healthy and active lives.

**Implement:** How we achieve...

High quality PE lessons are delivered twice a week by class teachers or HLTA PE specialists from EYFS all the way through to the end of Key Stage 2 encouraging pupils to be the best they can be.

Teachers endeavour to develop a passion for being active through a well-rounded sporting curriculum; every opportunity is taken to improve children's understanding of the importance of health and wellbeing. School values the benefits of PE and sport to build children's self-confidence, esteem, self-worth and resilience.

Children develop skills, knowledge and understanding to equip children with lifelong learning skills.

Children apply their developing skills and knowledge in competitive situations promoting fair play, resilience and respect.

Children are involved in the process of risk awareness and encouraged work independently during physical activity and establish a good awareness of safety of themselves and others.

Children evaluate and reflect upon their own performance as well as the success of their peers and are also encouraged to set their own challenges in order to achieve a personal best.

School supports pupils by establishing links and pathways for children to engage in life-long activity through extra curricular clubs, sports festivals and links with local sports clubs.

**Impact:** How we have achieved our aims...



Pupils display competence in movement, agility, balance, co-ordination, co-operation, competition, sequence, health, fitness, fairness and respect in a range of physical activities.



Pupils display stamina to take part in physical activity for extended periods of time.



Pupils display positive attitudes and resilience in challenging or competitive games.



Pupils enjoy being physical; engage in extra curricular activities.